EFC-ER Church Health Team Discipleship Resources

1) *A Long Obedience in the Same Direction: Discipleship in an Instant Society* by Eugene H. Peterson

2) *Disciple Making Is...: How to Live the Great Commission with Passion and Confidence* by Dave Earley and Rod Dempsey

3) *Discipleship Essentials: A Guide to Building Your Life in Christ* by Greg Ogden

4) *DFD: Design for Discipleship Series* by The Navigators

5) *FirstSteps: One-on-One Discipleship* by Specificity Publications
   a. In addition to *First Steps: Swimming Lessons: How to Keep Christians Afloat in A Sinking World* by Grant Edwards
   b. Also available: *Discipling Your Child: Helping Your Child Know, Love & Follow Jesus*

6) *Knowing God Personally Portfolio* by Multiplication Ministries

7) *One-to-one Discipleship* by Multiplication Ministries

8) *Following the Master: A Biblical Theology of Discipleship* by Michael J. Wilkins

9) *The Disciple Maker's Handbook: Seven Elements of a Discipleship Lifestyle* by Bobby W. Harrington, Josh R. Patrick

10) *The Purple Book: Biblical Foundations for Building Strong Disciples* by Rice Brooks and Steve Murrell Publisher: Every Nation Ministries

FOR Leaders:


12) *Renovation of the Heart: Putting On the Character of Christ Paperback* by Dallas Willard

13) *Strategic Disciple Making: A Practical Tool for Successful Ministry* by Aubrey Malphurs

14) *The Complete Book of Discipleship: On Being and Making Followers of Christ* by Bill Hull

15) *The Master Plan of Evangelism* by Robert E. Coleman
EFC-ER Church Health Team Discipleship Resources

A Long Obedience in the Same Direction: Discipleship in an Instant Society
by Eugene H. Peterson

As a society, we are no less obsessed with the immediate than when Eugene Peterson first wrote this Christian classic. But Peterson's time-tested prescription for discipleship remains the same—a long obedience in the same direction. Tucked away in the Hebrew Psalter, Peterson discovered "an old dog-eared songbook," the Songs of Ascents that were sung by pilgrims on their way up to worship in Jerusalem. In these songs (Psalms 120-134) Peterson finds encouragement for modern pilgrims as we learn to grow in worship, service, joy, work, happiness, humility, community and blessing. This 20th anniversary edition of A Long Obedience in the Same Direction features these Psalms in Peterson's widely acclaimed paraphrase, The Message. He also includes an epilogue in which he reflects on the themes of this book and his ministry during the twenty years since its original publication.
Publisher: IVP Books

Disciple Making Is . . .: How to Live the Great Commission with Passion and Confidence
by Dave Earley and Rod Dempsey

Disciple Making Is... stands as one of the most thorough books yet offered regarding how to make disciples. In thirty brief, hard-hitting but easily accessible chapters, the entire scope of disciple making is presented in a way that will inspire and inform the reader to obey the Great Commission with great passion. Grounded on a solid biblical foundation, authors Dave Earley and Rod Dempsey—both veterans of one-on-one, collegiate, small group, and local church discipleship—share their practical insights on how to best reproduce reproducers of Christ's message. Each compelling entry is set up to finish the sentence that begins with the book's title. For example, Disciple Making Is . . . "Embracing the Cross," "Forsaking All to Follow Jesus," "Living on Mission," "Launching an Unstoppable Force," "Mentoring Disciples as Jesus Did," "Multiplying Disciple-Makers as Paul Did," "Creating a Healthy Church," and more. Publisher: B&H Academic

Discipleship Essentials: A Guide to Building Your Life in Christ
by Greg Ogden

A 2014 ECPA Christian Book Award Finalist Discover the fullness of life in Christ. We grow in Christ as we seek him together. Jesus' own pattern of disciple-making was to be intimately involved with others and allow life to rub against life. By gathering in twos or threes to study the Bible and encourage one another, we most closely follow Jesus' example with the twelve disciples. This workbook by Greg Ogden is a tool designed to help you follow this pattern Jesus drew for us. Working through it will deepen your knowledge of essential Christian teaching and strengthen your faith. Each week contains the following elements:

• a core truth presented in a question-answer format
• a memory verse and accompanying study
• a field-tested inductive Bible study
• a reading on the theme for the week
• questions to draw out key principles in the reading
This material is designed for groups of three. It has also been used successfully as an individual study program, a one-on-one discipling tool and small group curriculum. Jesus had a big enough vision to think small. Focusing on a few did not limit his influence. Rather, it expanded it. Discipleship Essentials is designed to help us influence others as Jesus did--by investing in a few. Second edition includes a new foreword by the author. These studies are for both individuals and groups. Publisher: IVP Connect

**DFD: Design for Discipleship Series by The Navigators**

The Design for Discipleship Bible study series is comprised of 6 study guides covering the following topics: Your Life in Christ; The Spirit-Filled Follower of Christ; Walking with Christ; The Character of a Follower of Jesus; Foundations of Faith; Growing in Discipleship. An additional resource is available following the six lessons entitled: Our Hope in Christ, Analysis of First Thessalonians (7 sessions). The DFD series also is available in Spanish under the name Diseño para el Discipulado. A DFD Leader’s Guide is available.

Recently updated with interactive, discussion-prompting questions and quotes from Christian leaders, the Discipleship Series can be used on your own or in a small group. This Bible study will give you insight and encouragement to help you grow in Christ and help others do the same.

The Navigators navigators.org

**FirstSteps: One-on-One Discipleship**

An Adventure for New and Renewed Believers

A practical tool for one-on-one discipleship. With it, you’ll be able to sit down with a new believer and lead them through a foundation-building process, grounding them in an active relationship with Jesus, becoming a Christian who loves the Lord and loves others with a desire to serve. The Workbook includes 10 easy-to-follow lessons using scripture and foundational principles; and also includes instructions on how to use the Workbook.

Whether you've been a Christian for decades or just since lunch, the First Steps Discipleship Workbook is your passport to the adventure of a lifetime. Lessons include: Assurance; Freedom; Priorities; The Bible; Prayer; Fellowship; Evangelism; God’s Will; The Soon Return of Jesus; Review. Instructions for the discipler are included.

Published by Specificity Publications disciplinganother.com

In addition to First Steps:

**Swimming Lessons: How to Keep Christians Afloat in A Sinking World**

by Grant Edwards

Swimming Lessons is an engaging book that explores the foundational principles of one-on-one discipleship, and serves as a companion to the First Steps Discipleship workbook, giving a more in-depth understanding of why and how to disciple.

Published by Specificity Publications disciplinganother.com

**Discipling Your Child: Helping Your Child Know, Love & Follow Jesus**

Every children’s minister’s wish list includes parents stepping up and leading their
elementary children into a deeper relationship with Jesus. Now parents will—with these 10 simple, do-them-at-home sessions. Sessions include games and activities that are easily adaptable for children of different temperaments and interests. Published by Specificity Publications disciplinganother.com

**Knowing God Personally Portfolio**

Multiplication Ministries four lesson “first step” resource for maturing believers. Lessons Include: Beginning With God, Fellowship with God, Power to Live for God, Growing as a Child of God.

Multiplicity Ministries multimin.com

**One-to-one Discipleship**

A nine lesson study to be used by one person discipling another. This product is available in 8 ½ X 11 and includes nine lessons: Assurance of Salvation; Attributes of God; The Bible; Prayer; The Spirit-Filled Life; Fellowship; Witnessing; Temptation; Obedience. Instructions for the discipler are included.

Multiplicity Ministries multimin.com

**Following the Master: A Biblical Theology of Discipleship**

by Michael J. Wilkins

What should a disciple of Jesus look and act like today? What is the relationship between discipleship and salvation, between discipleship and sanctification, between discipleship and ministry? How were disciples of Jesus different from other disciples in the ancient world? How did the early church carry out Jesus' agenda in "making disciples of all the nations"? In *Following the Master*, Michael J. Wilkins addresses these and many other questions that perplex the church today—not by offering another discipleship program or manual but by presenting a comprehensive biblical theology of discipleship.

Following the Master compares other forms of master-disciple relationships in existence in the ancient Judaism and Greco-Roman world, traces Jesus' steps as he called and developed disciples, and Mediterranean world as it followed Jesus' command to make disciples. Following the Master lays the groundwork necessary for developing biblical discipleship ministries in the church, on the mission field, and in parachurch ministries. It is essential reading for all pastors, students, and Christian workers.

Publisher: Zondervan

**The Disciple Maker’s Handbook: Seven Elements of a Discipleship Lifestyle**

by Bobby W. Harrington, Josh R. Patrick

Many people believe that discipleship is important, but they need help. In fact, the vast majority of Christians report that they have never been personally discipled by a more mature follower of Jesus. Is it any wonder that they have a difficult time knowing how to disciple others? If making disciples of Jesus is the greatest cause on earth, how should we equip people to do it? This handbook is a practical guide for how to embrace the discipleship lifestyle — being a disciple of Jesus and how to make other disciples of Jesus. With contributions from pastors and teachers like Francis Chan, Jeff Vanderstelt, Bill Hull, Jim Putman, KP Yohannan, and Robert Coleman, the
authors present seven elements that are necessary for disciple making to occur:

- Jesus—the original disciple maker and centerpiece of discipleship.
- Holy Spirit—fuels the disciple-making process.
- Intentionality—making disciples utilizing a strategy and a roadmap.
- Relationships—creating a loving, genuine connection with others who trust and follow Jesus.
- Bible—using the Word of God as the manual for making disciples.
- Journey—forging a traceable growth story from a new birth to spiritual parenthood.
- Multiply—reproducing the discipleship process so that the disciple becomes a disciple maker.

Whether you are a parent who wants to disciple your children, a small group leader who wants to disciple those in your group, or a church leader who wants to disciple future leaders, the seven key elements in this handbook form a framework for understanding discipleship that can be applied in countless situations. In addition, there are questions provided in each section to help you think through how to apply the material to your disciple making efforts.

Publisher: Zondervan

The Purple Book: Biblical Foundations for Building Strong Disciples
by Rice Brooks and Steve Murrell

This 12-part Bible study is designed to help seekers and believers stand firm and grow strong in the Christian life. The lessons help reinforce the only foundation worth building upon—a biblical one using Scripture to bring the Word of God alive. Lessons include Sin & Salvation; Lordship & Obedience; Repentance & Baptism; The Holy Spirit & Spiritual Gifts; Spiritual Hunger & God’s Word; Discipleship & Leadership; Spiritual Family & Church Life; Prayer & Worship; Faith & Hope; Biblical Prosperity & Generosity; Evangelism & World Missions; Resurrection & Judgment. These discipleship lessons will help believers understand that the faith we hold has true power to change lives and transform nations. It offers a solid foundation the enemy cannot dismantle—and a heart shaped by knowledge of God's Word.

Publisher: Every Nation Ministries

FOR LEADERS:

DiscipleShift: Five Steps That Help Your Church to Make Disciples Who Make Disciples
by Jim Putnam

Over the last thirty years, many influential church leaders and church planters in America have adopted various models for reaching unchurched people. An “attractional” model will seek to attract people to a local church. Younger leaders may advocate a more “misional” approach, in which believers live and work among unchurched people and intentionally seek to serve like Christ. While each of these approaches have merit, something is still missing, something even more fundamental to the mission of the church: discipleship. Making disciples – helping people to trust and follow Jesus – is the church’s God-given mandate. Devoted disciples attract people outside the church because of the change others see in their Christ-like lives. And discipleship empowers Christians to be more like Christ as they intentionally develop relationship with non-
believers.

*DiscipleShift* walks you through five key “shifts” that churches must make to refocus on the biblical mission of discipleship. These intentional changes will attract the world and empower your church members to be salt and light in their communities.

**Publisher: Zondervan**

**Renovation of the Heart: Putting On the Character of Christ Paperback**

by Dallas Willard

As Christians, we know that we are new creations in Jesus. So we try to act differently, hoping this will make us more like Him. But changing our outward behavior doesn’t change our hearts. Only by God’s grace can we be transformed internally. *Renovation of the Heart* lays a biblical foundation for understanding what best-selling author Dallas Willard calls the “transformation of the spirit”—a divine process that “brings every element in our being, working from inside out, into harmony with the will of God.”

This fresh approach to spiritual growth explains the biblical reasons why Christians need to undergo change in six aspects of life: thought, feeling, will, body, social context, and soul. Willard also outlines a general pattern of transformation in each area, not as a sterile formula but as a practical process that you can follow without the guilt or perfectionism so many Christians wrestle with. Don’t settle for complacency. Accept the challenge *Renovation of the Heart* offers to become an intentional apprentice of Jesus Christ, changing daily as you walk with Him.

**Publisher: NavPress**

**Strategic Disciple Making: A Practical Tool for Successful Ministry**

by Aubrey Malphurs

For many people, church is there to meet their needs—with programs designed with them in mind. *Strategic Disciple Making* teaches these churchgoers to develop a servant’s heart. Readers will discover that they control the destiny of their church. If they seek personal contentment, they must grow as disciples, and church expert Aubrey Malphurs explains the true meaning of the word.

This refreshing resource offers a radical "how-to" for renewing faltering faith. It is perfect for burned-out ministers and downcast church leaders who want a more authentic discipleship experience. Publisher: Baker Books

**The Complete Book of Discipleship: On Being and Making Followers of Christ**

by Bill Hull

*The Complete Book of Discipleship* is the definitive A-to-Z resource on discipleship for every Christian. It pulls together into one convenient, comprehensive volume relevant topics such as spiritual growth, transformation, spiritual disciplines, and discipleship in the local church and beyond. Well organized, fully indexed, and readily accessible, *The Complete Book of Discipleship* will help you gain a wealth of insight from experts in the field, whether by reading it cover to cover or by finding immediate answers to specific questions. Publisher: NavPress
The Master Plan of Evangelism  
by Robert E. Coleman  
For more than forty years this classic study has shown Christians how to minister to the people God brings into their lives. Instead of drawing on the latest popular fad or the newest selling technique, Dr. Robert E. Coleman looks to the Bible to find the answer to the question: What was Christ's strategy for evangelism? This convenient format has an updated look for a new generation of readers.  
Publisher: Revell

The Good and Beautiful Series  
by James Bryan Smith  
James Bryan Smith believes the gospel is about change in our lives today, not just our eternal destiny. In The Good and Beautiful Series he aims to help Christians develop a robust discipleship by helping them understand who God is, what it means to be a Christian and what it means to live in community as a part of God's kingdom. Throughout the series, which includes The Good and Beautiful God, The Good and Beautiful Life and The Good and Beautiful Community, Smith encourages you to read, journal, pray, discuss and participate in weekly spiritual exercises to help you engage with the text. As you work through the books individually (or more ideally in a group setting) you'll discover your heart being shaped by the truth of Christ—and your life being changed. Get to know the God Jesus knew and the Kingdom he proclaimed. The transformation you seek will come as a direct result of spending focused time with him and his people. A Renovare Resource.  
James Bryan Smith (M.Div., Yale University Divinity School, D.Min., Fuller Seminary) is a theology professor at Friends University in Wichita, KS and a writer and speaker in the area of Christian spiritual formation. He also serves as the director of the Christian Spiritual Formation Institute at Friends University.

Celebration of Discipline: The Path to Spiritual Growth  
by Richard Foster  
A newly repackaged and updated 40th anniversary edition of the timeless guide that has helped numerous seekers discover a richer spiritual life infused with joy, peace, and a deeper understanding of God, updated with a new introduction by the author and a new section: "Entering the Great Conversation about the Growth of the Soul."  
Hailed by many as the best modern book on Christian spirituality, Celebration of Discipline explores the "classic Disciplines," or central spiritual practices, of the Christian faith. Along the way, Foster shows that it is only by and through these practices that the true path to spiritual growth can be found. Dividing the Disciplines into three movements of the Spirit, Foster shows how each of these areas contribute to a balanced spiritual life. The inward Disciplines of meditation, prayer, fasting, and study offer avenues of personal examination and change. The outward Disciplines of simplicity, solitude, submission, and service help prepare us to make the world a better place. The corporate Disciplines of confession, worship, guidance, and celebration bring us nearer to one another and to God.  
Celebration of Discipline will help Christians everywhere to embark on a journey of prayer and spiritual growth.
Practicing the Presence of God
by Brother Lawrence

This book collects the conversations, letters, and other writings of Brother Lawrence, a seventeenth century monk whose daily practice was to give himself, moment by moment, to the presence of God. As a rejuvenated paraphrase of elderly translations from the original French, this edition captures Brother Lawrence's timeless observations in the language of the present.
Right Here, Right Now: Everyday Mission for Everyday People
by Alan Hirsch and Lance Ford

People in all walks of life are discovering what it means to be involved, concerned, missional Christians. But simply having block parties or spending more time downtown is not enough to describe what it means to be a missional people. What is needed is a reformation of the way we actually live our lives as Jesus followers. We need to see a way of living faithfully to God's mission in the world, right here, right now.

In this inspiring yet practical book, Alan Hirsch and Lance Ford equip believers to live missionally regardless of situation, vocation, or location, making the concept of being missional accessible to the whole body of Christ. Touching on issues of discipleship, spirituality, and church at every level of experience, Right Here, Right Now calls readers to be the people God has made them to be.

Missional: Joining God in the Neighborhood
by Alan J. Roxburgh

The burgeoning missional church movement is a sign that believers are increasingly feeling the call to impact their communities, which is a good thing. In Missional, Roxburgh calls Christians to reenter their neighborhoods and communities to discover what the Spirit is doing there—to start with God's mission. He then encourages readers to shape their local churches around that mission. With inspiring true stories and a solid biblical base, Missional is a book that will change lives and communities as its message is lived out.

The Connecting Church 2.0: Beyond Small Groups to Authentic Community
by Randy Frazee

The development of meaningful relationships, where every member carries a significant sense of belonging, is central to what it means to be the church. So why do many Christians feel disappointed and disillusioned with their efforts to experience authentic community? Despite the best efforts of pastors, small group leaders, and faithful lay persons, church too often is a place of loneliness rather than connection. In this revised and updated version of his best-selling book, Randy Frazee shows us how church can be so much...better. More intimate and alive. The answer may seem radical today, but it was a central component of life in the early church. First-century Christians knew what it meant to live in vital community with one another, relating with a depth and commitment that made "the body of Christ" a perfect metaphor for the church. The content of Randy Frazee’s book helps us reclaim the kind of love, joy, support, and dynamic spiritual growth necessary for a connecting church.

The Missional Engagement Series
by Gary Comer

Volume 1 — Steps to Faith: Where Inquiring Friends Become Solid Disciples
Volume 2 — First Steps Discipleship Training: Turning New Believers Into Missional Disciples
Volume 3 — Elevate: Raising Up Missional Members
Volume 4 — Launch Point: Moving Small Groups into Mission
by Brad Brisco and Lance Ford

*Missional Essentials* is a response to Jesus' commandment for us to love God with our all in all: "And he answered, 'You shall love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind, and your neighbor as yourself.' (Luke 10:27) Each lesson includes components that engage our heart and soul, mind, and strength, as we move forward on the missional quest of loving our neighbors as ourselves.

*Missional Essentials* is designed in a one lesson per week format over a twelve-week period. Each lesson is structured to take approximately an hour and a half, depending on your learning style and your desire to dig deeper with the suggested study resources. In addition to the handbook materials there is also a weekly "missional action step" that is created to enhance the learning experience of each lesson. Each weekly lesson is organized around the following six elements: Previous Lesson Reflection, Central Theme, Biblical Reflection, Article, Reading Reflection, Missional Action Step.

The Church of Irresistible Influence
by Robert Lewis

Using bridges as a metaphor for “irresistible influence”--or i2, as he calls it--Robert Lewis shows how your church can become a strong, well-traveled link between heaven and earth in your community. In this engaging and uplifting book, Lewis tells the stories and shares the experiences and lessons of Fellowship Bible Church to show what it will take to reconnect your church with your community, the how-to’s of “incarnational bridge building,” true stories of i2 in action, how to expand the i2 effort through new partnerships and adventures, requirements of the church in the 21st century. Discover how the power of incarnational bridge-building can impact your church and your community.

The Church as Movement: Starting and Sustaining Missional-Incarnational Communities
by JR Woodward and Dan White Jr.

Public gatherings are vital for movement, but too often in our approach to planting churches, we haven't paid enough attention to the difficult grassroots work of movement: discipleship, community formation, and mission. This book will help you start missional-incarnational communities in a way that reflects the viral movement of the early New Testament church. JR Woodward (author of Creating a Missional Culture) and Dan White Jr. (author of Subterranean) have trained church planters all over North America to create movemental churches that are rooted in the neighborhood, based on eight necessary competencies:

- Movement Intelligence
- Polycentric Leadership
- Being Disciples
- Making Disciples
- Missional Theology
- Ecclesial Architecture
- Community Formation
- Incarnational Practices

The book features an interactive format with tools, exercises, and reflection questions and activities. It's ideal for church planting teams or discipleship groups to use together. It's not enough to understand why the church needs more missional and incarnational congregations. *The Church as Movement* will also show you how to make disciples that make disciples. This is the engine that drives the church as movement, so that everyday Christians can be present in the world to join God's mission in the way of Jesus.
Untamed: Reactivating a Missional Form of Discipleship
by Alan and Debra Hirsch

In this provocative and compelling book, internationally known missiologists Alan and Debra Hirsch overthrow culturized understandings of theology and culture, and cast a vision for a distinctly mission-shaped way of living the Christian life. Written for any Christian serious about issue of discipleship, Untamed covers such topics as church, humans as bearers of the image of God, family life, culture, and sexuality. Through it all they seek to challenge us concerning how are we to think and live day to day as followers of Jesus.

Canoeing the Mountains: Christian Leadership in Uncharted Territory
by Tod Bolsinger

Explorers Lewis and Clark had to adapt. While they had prepared to find a waterway to the Pacific Ocean, instead they found themselves in the Rocky Mountains. You too may feel that you are leading in a cultural context you were not expecting. You may even feel that your training holds you back more often than it carries you along.

Drawing from his extensive experience as a pastor and consultant, Tod Bolsinger brings decades of expertise in guiding churches and organizations through uncharted territory. He offers a combination of illuminating insights and practical tools to help you re-imagine what effective leadership looks like in our rapidly changing world. If you’re going to scale the mountains of ministry, you need to leave behind canoes and find new navigational tools. Now expanded with a study guide, this book will set you on the right course to lead with confidence and courage.

The Forgotten Ways: Reactivating the Missional Church
by Alan Hirsch

Alan Hirsch is convinced that the inherited formulas for growing the Body of Christ do not work anymore. And rather than relying on slightly revised solutions from the past, he sees a vision of the future growth of the church coming about by harnessing the power of the early church—a movement which grew from as few as 25,000 adherents in AD 100 to up to 20 million 200 years later. Similar meteoric growth has also been recorded in history and is currently being in many apostolic movements throughout the world today. How do they do it?

The Forgotten Ways proposes the concept of Apostolic Genius as a way to understand what caused the church to experience exponential growth and impact at various times in history, interpreting it for use in our own time and place. From the theological underpinnings to the practical application, Hirsch takes the reader through this dynamic mixture of passion, prayer, and incarnational practice to rediscover the dormant potential of the modern church in the West.

The Tangible Kingdom: Creating Incarnational Community
by Hugh Halter and Matt Smay

Written for those who are trying to nurture authentic faith communities and for those who have struggled to retain their faith, The Tangible Kingdom offers theological answers and real-life stories that demonstrate how the best ancient church practices can re-emerge in today’s culture, through any church of any size. In this remarkable book, Hugh Halter and Matt Smay “two missional leaders and church planters” outline an innovative model for creating thriving grassroots faith communities.
Christianity has an image problem. Christians are supposed to represent Christ to the world. But according to the latest report card, something has gone terribly wrong. Using descriptions like "hypocritical," "insensitive," and "judgmental," young Americans share an impression of Christians that's nothing short of . . . unChristian.

Groundbreaking research into the perceptions of people aged 16-29 reveals that Christians have taken several giant steps backward in one of their most important assignments. The surprising details of the study, commissioned by the Fermi Project and conducted by The Barna Group, are presented with uncompromising honesty in unChristian. Find out why these negative perceptions exist, learn how to reverse them in a Christlike manner, and discover practical examples of how Christians can positively contribute to culture.